



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

The Y's Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

The Y's Cause: At the Y, strengthening community is their cause. Every day, the Y works side by side with its neighbors to ensure that everyone, regardless of age, income or background, has the opportunity to learn, grow, and thrive.

The Y is one of the nation's leading nonprofits, committed to strengthening communities in the areas of youth development, healthy living and social responsibility:

Youth Development: Nurturing the potential of every child and teen.

The Y believes that all kids deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, millions of youth today are taking a greater interest in learning; making smarter life choices; and cultivating the values, skills and relationships that lead to positive behaviors, the pursuit of higher education and goal achievement.

Healthy Living: Improving the nation's health and well-being.

In communities across the nation, the Y is a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, millions of youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.

Social Responsibility: Giving back and providing support to our neighbors.

Across the country, the Y helps people give back and assist their neighbors by offering them opportunities to volunteer, advocate and support programs that strengthen community.

Involvement at the Y: The Y hopes to engage more people in the communities it serves whether it is as a member, volunteer, supporter or advocate. To learn more visit www.illinoisymcas.org. Each YMCA association is an independent, autonomous organization with its own governing board, professional staff and assets.

The Illinois Ys By the Numbers:

- Ys in IL serve more than 857,000 individuals (58% of them under the age of 17) of all ages, incomes, backgrounds and abilities come to the Y to learn, grow and thrive.
- Ys in IL cared for and nurtured more than 15,000 children per day in licensed child care and after school programs.
- Ys in IL raised more than \$4,136,665 scholarships so that those who couldn't afford to pay the full fees were able to participate in YMCA programs and activities.
- Kids, parents, individuals, business and community leaders make up the Y's 22,222 volunteers in the state.
- There are more than 126 locations in 120 communities across IL, accessible and affordable to everyone in the community.
- 1,000 full time exempt staff.

To learn more about the Y, visit illinoisymcas.org or our national web site, ymca.net.

